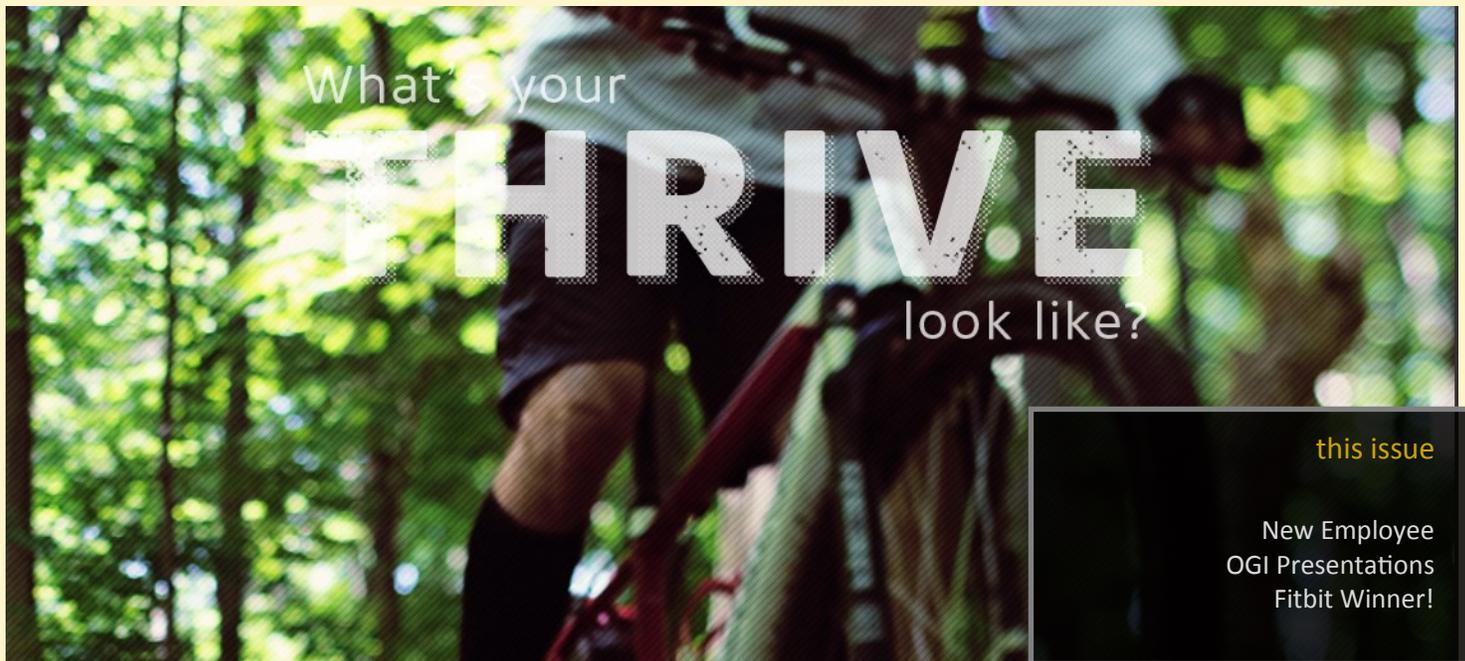


Benefit Focus News

Office of Group Insurance

OCTOBER 2015



this issue

New Employee
OGI Presentations
Fitbit Winner!

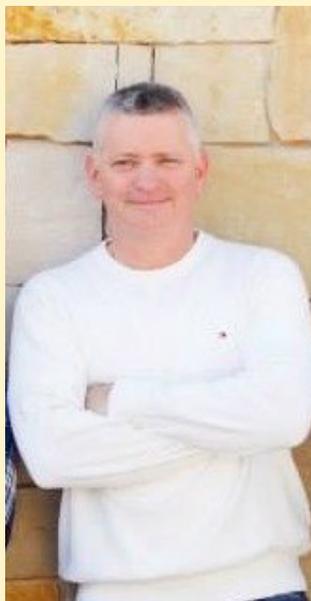
Meet Our New Personnel Technician!

Please join us in welcoming **Mike Franson**, as the new Office of Group Insurance Personnel Technician. Mike is a veteran of the United States Coast Guard where he served as the Recruiter in Charge.

During his 26 year tenure in the Coast Guard he was responsible for personnel administration and training. Mike has a wealth of experience working with employees and coordinating benefits. He trained over 1800 entry-level personnel into the Coast Guard's program and worked with national level recruiters to develop new recruiting credentials and standards. As a senior trainer and drill instructor, he also designed physical fitness programs for personnel and recruits.

Mike resides in Meridian with his two daughters. In his spare time he enjoys coaching high school basketball for Meridian High School.

We are very pleased to have Mike join us in the Office of Group Insurance.



thriveidaho



Over 830 employees earned 85 or more points in July, August and September and earned their \$250! Blue Cross has mailed the checks.

To receive a check in October you needed to earn 85 or more points by September 30 & be an active employee for payroll processing purposes.

As a reminder the \$250 cash reward is subject to taxes and payroll deductions. These deductions happen through your regular payroll about a month after the checks are mailed. The next round of checks will be sent in January.

For more information about getting started with [thriveidaho](http://thriveidaho.com) and earning your reward, please visit thrive.idaho.gov.

IDAHO Office of Group Insurance

Department of Administration



thriveidaho - Move It! Challenge

Over **550** employees joined the **Move It!** Challenge and have added more movement to their days.

Congratulations to the first Fitbit winner!

- **Jill Surplus** - Health & Welfare-Region 1
- **Wesley Hipke** - Water Resources

Keep logging your activity Monday-Friday to be entered into the weekly Fitbit drawings.

Take advantage of the activities that are part of the challenge such as **Discover Different Ways to Get Your Exercise** and **Ways to Measure Your Exercise Intensity**.

The Challenge tasks are great ways to support your movement goals and set the foundation to keep up the good work after the challenge.

The **OGI team** is available to conduct insurance benefit presentations at agencies.

We can do presentations on topics such as:

- Basic Coverage for Medical & Dental
- Flexible Spending Accounts
- Retiree Insurance Options
- Life Insurance & Disability
- **thriveidaho**
- One-to-one training for HR staff

To schedule presentations, visit the OGI website, ogi.idaho.gov, click on HR & Payroll and Request Training. Or call 208-332-1860.



Check out ogi.idaho.gov for all of your insurance needs.

Move Recently?

Keep your mailing address, email, and phone numbers up to date to ensure that you receive valuable information regarding your benefits.

The best way to keep your information current is through your agency's payroll system. This is either done online at the [State Controller's website](#) or through your agency's payroll office. If you are unsure how to update your information, please contact your agency's Human Resource personnel.

Contact the Office of Group Insurance



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For comments or suggestions for future editions of Benefit Focus, please email: ogi@adm.idaho.gov.